

From: CoCoChu office@colwallcommunitychurch.com
Subject: The promised land
Date: 6 August 2020 at 13:22
To: Claire ladybentos@icloud.com

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Welcome to CoCoChu.....



All the latest news @ CoCoChu.....

Good Afternoon CoCoChuers,

Forgiving yourself - A godly practice!

There are so many times where we need forgiveness for ourselves. So many times where we have said or done things wrong or maybe when we haven't said things we should have. We make mistakes on a daily basis, some bigger than others, some with lasting consequences. How then do we treat ourselves and talk to ourselves in our head? This is important! It affects our confidence, positivity and our vision.

Making mistakes is an integral part of our humanity, we cant get away from it. Our mistakes sculpt our internal terrain, as flowing water smooths over rocks in a river.

Our most painful and difficult mistakes clear out old energy and force us on a different path. I have found this to be true in my own life. Mistakes have pushed me in a new, more positive, deeper way of living. I am also typically that kind of person that makes huge mistakes. When I started this job I was preparing our stall at the Ale House festival and managed to order the surf machine for the wrong week! Oops! That's a silly example. I can remember many occasions where my blunt and to the point manner has got me into trouble, I'm known to be a straight talker that sometimes isn't helpful. We are all human and know our flaws and mistakes.

But Paul tells us plainly that there is “now no condemnation for those who are in Christ Jesus” (Romans 8:1). He also says that “if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new” (2 Corinthians 5:17).

In other words, we enter into the “Promised Land” by fully embracing God’s grace. We find “rest” when we *really believe* that all our sins have been washed away.

I really believe there is someone today that needs to hear this. That there is a biblical element of forgiving yourself and its much more restful than condemning yourself ALL THE TIME and living in guilt. Old things have passed away! I realise, me telling you this doesn't change a thing but praying to God in private and renewing your mind by believing the scripture that our sins have been washed away is the first step to freedom in Christ and living a victorious life.





What's been going on at CoCoChu virtual office

- I'm catching up after a few weeks off only to find Katherine has done everything and worked extremely hard before her break! Boom - nice one K! Legendary!
- Lots has been happening with the Steering Group for the Silver Street Site since i have been off and we will soon be meeting some architects come September. Thanks for organising this Peter. Please continue to pray we find the right organisation to support us through this next phase.
- We are readvertising for the cleaner and have sent this out a bit further afield. The new deadline is 17th August. Advert enclosed [HERE](#)
- The autumn term is fast approaching and we will be still meeting via zoom for the foreseeable, we will keep you updated on what is going on. I cannot wait for the day we can praise in one room again. We must have a HUGE celebration of worship that day. I miss our communal worship so much. I'm sure you do too! In fact, I miss a lot of normality! Anyone else?
- I had a lovely catch up with Jon this week, in his beautiful garden overlooking the pond. Lovely to meet face to face over a coffee and some of Jill's homemade biscuits. Our church is such a busy place and communication is so important.

Other notices

Prayer request for Alice's family

Please pray for Alice's Grandad who is currently in hospital. It's particularly difficult at this time as family members cant visit their loved ones. If there is one thing I know about Alice it's the importance and closeness of her family. Her grandparents live with her and are such a special part of their life. Please pray Grandad will be well and home soon!

The Kennell's are chilling

Let's pray for Roger, Katherine, Ava, Jacob and Thea to have a beautiful break and a lovely time of rest. Thanks for all you have done at CoCoChu during the lockdown period to inspire and love our community.

Pray for transition for children

Have been thinking particularly for children due to return to school in September. The news is filled with uncertainty and many are due to start new schools. Some children (like mine) have been home since March and that is such a long time away from formal education. Please begin praying for our children to adjust to the transition, new ways of life, a passion for learning and adjusting to their new teachers etc.

Pastoral concerns, prayers from CoCoChu and personal prayers

For a chat or any Pastoral care please either call or e-mail David or Mary. During the lockdown, David has begun a more private and personal prayer e-mail circulation where members of CoCoChu family can pray for you. It's a brilliant, more personal prayer requests for those we love in this family. If you prefer more private prayer this is also available. Contact details listed below.

Thanks to you both this is really wonderful!

5th Sunday in August

On Sunday 30th August there will be no online service. Our next service after that will be 6th September where we will be hearing from the Jarratt's and their lockdown sabbatical! I don't know, you plan to rest and a Pandemic occurs!!!!

Foodbank

An update from the local Foodbank:

The Foodbank is busy and during June and provided food parcels for 426 people (224 adults and 202 children). This is a 50% increase on the number of parcels in 2019.

The food donation boxes at the supermarkets are being regularly emptied but food can also be left at the Lyttleton Well – just ring the bell and someone will come and accept the donation.

The current shortages are:

Antibacterial wipes

Kitchen rolls

J cloths

Hair shampoo for men and women

Bars of soap

Washing powder

Washing up liquid

Tinned fruit

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Tinned Meat, mince
Jam
Packets of Smash

Thank you and keep safe.

Monday Prayers

We are taking a break throughout August and will meet again online on Monday, September 7th at 4.00. If however there are things for which you would like prayer support please contact David and Mary Jarratt who are taking the lead as prayer warriors.

Last Sunday

This was the first in our series of Psalms for people under pressure. Psalm 88.

‘Prayers [like Psalm 88] indicate God’s understanding: he knows how people speak when they’re desperate; he identifies with us in our suffering.’

Tim Keller, speaks on Psalm 88 and about how to deal with dark times. If you missed it check it out by clicking the link: [How to deal with dark times.](#)

This Sunday

ASLAN kids groups @ 10 AM

Aslan Time in August

Kids time during the summer holidays will be a little different. It seems like a great opportunity to enjoy what other churches have been preparing for their children so we will be streaming kids services from Gas St church in Birmingham. They are a 20-minute slot packed full of fun, worship and teaching. So log on as usual at 10.00 and enjoy. The Bible focus will be Parables of Jesus.

This week it’s the story of the Pharisee and the Tax Collector. Luke 18, v9-14.

There will be no Zoom kids time on August 30th (5th Sunday no service) but we shall be back together with our autumn programme on Sept 6th

ZOOM @ 10.30 AM

David and Mary are hosting this Sunday.

Maechelle will be sharing from our "Psalms for people under pressure" series.

Speaking on Psalm 37.

We are really looking forward to it...

Heres the Zoom Link for Sunday:

<https://zoom.us/j/841926331>

To dial in by phone: 0203 695 0088 and enter the meeting ID followed by the #

The meeting password is: 290236

Don't forget to read the updates from Alice, Amy and Aron (The A-Team)

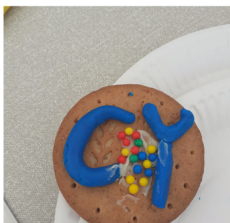
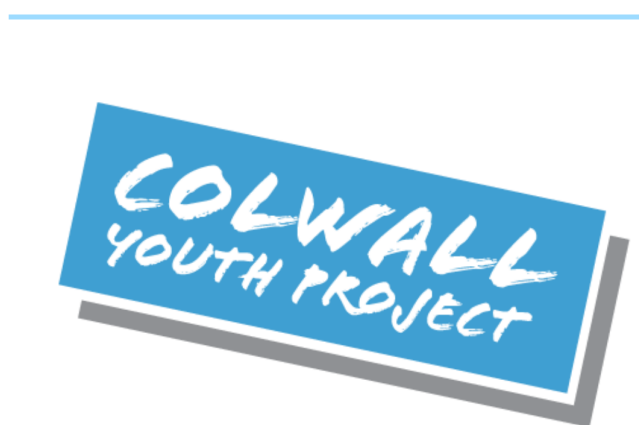
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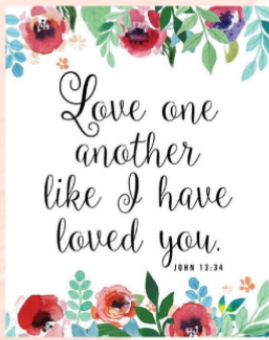
Lots of CoCoChu Love

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Updates from the A-Team

This week's activities involve arts and crafts, afternoon tea and animal mania are coming to visit on Friday. Some of the pics below are from last week where they ventured to Colwall Park for some circus tricks. AWESOME work guys.





Connections...

We would like everyone in the church to feel connected and loved. If you would like to chat to someone or need some help please do get in touch with David and Mary Jarratt who will be our first point of call for pastoral needs on 01684 540882.

Click on the below Social Media Icons to follow Colwall Community Church



Our summer teaching series - COMING SOON

**THE BOOK OF PSALMS
FOR PEOPLE UNDER PRESSURE**

Our August teaching series
@ CoCoChu

Connect with others in shared humanity

**COLWALL
COMMUNITY CHURCH**



2nd August - Psalm 130 - Sandie
9th August - Psalm 37 - Maechelle
16th August - Psalm 42/43- Jill
23rd August - Psalm 91 - Paul



COLWALL COMMUNITY CHURCH

ZOOM CODES

MEETING CODES FOR THE WEEK AHEAD:

MONDAY PRAYER @ 4PM: 599990973 **PASSWORD:** 290236
WEDNESDAY LIFEGROUP *ALTERNATE WEEKS*
7.45PM: **MEETING ID:** 81392229672 **PASSWORD:** 532411

THURSDAY MORNING PRAYER 7AM: 962340569 **PASSWORD:** 290236
SUNDAY SERVICES 10.30AM: 841926331 **PASSWORD:** 290236

DIAL IN BY PHONE: 0203 695 0088 AND ENTER THE MEETING ID FOLLOWED BY THE

/COCOCHUCHURCH OFFICE@COLWALLCOMMUNITYCHURCH.COM COCOCHU_WALWYN

Want to share in giving?

CoCoChu is entirely supported by the giving of people who come here. If you would like to speak to someone about giving, then see anyone of the leadership team who can point you in the right direction.

Our giving is totally anonymous to all but the finance team – most people give by standing order, but if you prefer there is a black box for offerings and donations on the welcome desk. If you are a tax payer please do sign a Gift Aid form to enable the church to recover tax and make the money go further. Once completed these can be put in the black box.

Bank details if you need them are: Colwall Community Church 09-01-54 73133709.

By everything I did, I showed how you should work to help everyone who is weak. Remember that our Lord Jesus said, "More blessings come from giving than from receiving." Acts 20:35

Our mailing address is:

office@colwallcommunitychurch.com

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