Subject: Happy Birthday Elizabeth ♥
Date: 17 October 2019 at 13:39
To: ladybentos@icloud.com



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Good Afternoon CoCoChu.....





Here's a note from Mary

Afternoon Tea

1st and 3rd Tuesday of the month:

5th and 19th November

3rd December

(Possibly a Christmas Special on 17th December)

2:30-4:30.

All welcome! come and chat, enjoy sandwiches, cakes, savouries and cream scones and of course TFA

(or coffee)! lots of love, Mary

Please consider who would benefit from this as a special time every few weeks! Who can you invite?

All the Latest news at CoCoChu.....

Good afternoon CoCoChu,

Overcoming stress

'Very early in the morning...Jesus...prayed.'
Mark 1:35 NIV

Make prayer your daily habit. Prayer is a great stress-reliever. Jesus began His day with prayer. He often stopped throughout the day to pray, and He ended each day with prayer. Now, if Jesus made time for prayer as busy as He was, how much more do *you* need to do it! Time alone with God can be a decompression chamber for life's stresses. We talk to God in prayer, tell Him what's on our minds, and let Him talk to us as we read the Bible. Then we look at our schedule, evaluate our priorities, and wait for instructions. If we lived that way, the pharmaceutical industry would go broke because we wouldn't need a fraction of the tranquillizers they market! Many of our problems come from our inability to sit still. We just don't know how to be quiet. God says, 'Be still, and know that I am God' (Psalm 46:10 KJV). And one reason we don't know God more personally is because we can't be still.

We're too busy to be quiet and just think. Someone said, 'It seems to be an ironic habit of man that when he loses his way he doubles his speed.' The story's told of a World War II Air Force pilot who flew over the Pacific. When he radioed the tower and the controller asked for his location, he replied, 'I don't know – but I'm making record time!' A lot of us are like that, speeding through life without knowing where we're headed. We need to start our morning with a prayer as Jesus did and stop throughout the day to pray again and recharge our spiritual batteries.

We have the opportunity for morning prayer every Thursday at 7 am at Walwyn Road. Its a really beautiful way to start your day! Would encourage anyone to join us if you want to transform your morning and plants seeds of heaven for CoCoChu!

What's been going on at CoCoChu this week.

I always hope to provide an accurate account of what goes on but I apologise this list

is based on what I know! The unseen in this church is a powerful force!!!

- Jon and Sean and 2 others from Woodgreen Church (Dave and Paul) spent time setting up our new AV system at Walwyn Road for a practice run. Its been a long time coming but this is a comprehensive but simple system that will suit us at the school and is also transferrable for our new building (on wheels). It's making a way for the future! Its was a very long shift 2-9 pm. We are extremely grateful for all the hard work and the help of another church! Thanks, guys. The "Go Live" for this will be 3rd November at the school. A note from Sean included in the notice below!
- Tom, the Leadership and the office have been extremely busy ensuring that all is ready for the Youth interviews on Saturday at Walwyn Road. Please pray this is going to be a very special and important day for us as a church. HISTORY MAKING! The Adult Panel will consist of Tom, Sarah and Phil. The Youth Panel will consist of Kerry, Beth and Steve (from the youth).
- We have also been making plans for the Regional Event on Sunday 17th November. We will be hosting 4 other churches and providing lunch which is a big undertaking but as a team, we can do this! We have decided on Jacket Potatoes and fillings. The other churches: Cirencester, Stroud, Gloucester, Builth Wells will be providing salads and pudding. If you are able to offer help for this please contact me.
- Our leadership team met this week. Please always keep this team in prayer.

Sean - AV request

A few years ago 2 DI boxes were purchased for AV. They have disappeared but we could do with finding them for when the sound system is set up in the school. A picture of what one looks like is included at the bottom of this e-mail if you are as blank-faced as me! This is not an exact replica but similar. Please contact me if you know where they are.

Kitchen and Food Safety Precautions A note from Sandy

The kitchen at Walwyn Road is becoming increasingly involved in preparing food for consumption by the members of the church and the general public. As a Church, we have a responsibility to ensure that when we handle food in any situation we are following approved guidelines for best practice in relation to food hygiene.

If you use the kitchen at Walwyn Road for any purpose could you please observe the following guidelines:

- NO food to be stored below waist height except in the fridge.
- NO clutter or food to be left on the work surfaces after use

• Hand wash only in the small sink NOT in the main sink.

Christmas Foodbank

Although still in the season of Harvest we at the Foodbank are already planning ahead for Christmas. In addition to our day to day distribution of food parcels, we will be filling approximately 90 Christmas boxes to give to families who would otherwise have nothing.

We continue to see an increase in the use of the Foodbank and, during the period 1 July-30 September 2019, provided food, toiletries and household items to 414 adults and 242 children in need. This represents a 52% increase in the number of clients helped over the same period in 2018. The Foodbank is now providing, on average, 50 food parcels each week with each parcel representing one person (adult or child) in need of emergency help. Our services at Christmas are likely to see an increase so every item which you are able to donate will be much appreciated.

To enable distribution in time for the Christmas period we would ideally like to have the items by the last week of November.

Here are the items on our Christmas 'shopping list'

Christmas puddings

Christmas cakes

Boxes of biscuits

Tins of Salmon; Tuna; Ham; Fruit; Custard

Selection boxes and other chocolate items

Boxes of Chocolates

Boxes of mince pies

Boxes of savoury biscuits

On our everyday list, we are currently short of:

Washing powder

Toilet rolls

Pot noodles

Tins of soup

Let's support these parcels CoCoChu:-)

Silver Street Prayer

This week Tom will be leading Silver Street Prayer at Walwyn Road from 6.30 pm - 7.30 pm. We are at a crucial point as a steering group where we need to consider the

report from the pre-planning application from Herefordshire Council and how we proceed. We really need PRAYER!

The poster below with monthly dates to the end of the year.

Ladies Bible Study

With the arrival of colder weather, the weekly Women's Bible Study will move to winter quarters at Gordon and Elizabeth's, 2 Brookside. Thank you for your hospitality, Gordon and Elizabeth.

For further details of the group please call Mary on 01684 540882. The group will take an early half-term break next week Oct 22nd and reconvene on Tuesday, Oct 29th.

I believe it is also Elizabeths Birthday today! We love you Elizabeth *HAPPY BIRTHDAY :-)

Sabbath Talks

We now have 2 Sabbath talks on our website! Both of which are fantastic!!!!! Last Sunday Sarah shared for the first time at CoCoChu an extremely powerful and passionate message. Please check out these talks on our website link here: Sabbath **Talks**

THIS SUNDAY

Sunday 20th October

Tom will be speaking and beginning our new series - The Kingdom of God.

Aslan groups - Help for the spies. Joshua prepares for the battle of Jericho. Joshua Chp 1

Much Love CoCoChu XXXX



COLWALL Come and join us for prayer about our building project and God in this community.

SILVER STREET PRAYER

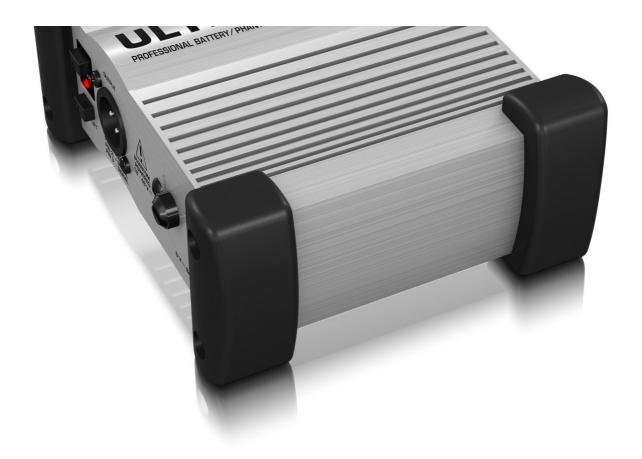
Sunday 20th October @ 6.30pm Walwyn Road Led by Tom



Upcoming dates for Silver Street prayer: Sunday 24th November @ 6.30pm Sunday 15th December @ 6.30pm

DI box request from Sean - HAVE YOU SEEN THESE ANYWHERE??





Dates for your Diary-

Regional men's weekend Friday 18th October (for evening meal) - Sunday 21st October (after lunch)

Worship, teaching, encouragement and fun. Beautiful rural setting. Rooms with ensuite facilities. Cost: £150pp includes 2-night stay. Please click on the booking form for further details and to book - HERE.

Alive Worcestershire Sunday 20th October 3 pm -5 pm

This is a fun high energy, worship concert for children and families across Worcestershire and beyond. Tickets are available online just google Alive Worcestershire. Tickets £4. Location Worcester Area, Hylton Road, WR2 5JN.

Colwall to host - Regional Service. Sunday 17th November

A regional Salt and Light gathering at Colwall Primary School, followed by a shared lunch at the village hall

Want to share in giving?

CoCoChu is entirely supported by the giving of people who come here. If you would like to speak to someone about giving, then see anyone of the leadership team who can point you in the right direction.

Our giving is totally anonymous to all but the finance team – most people give by standing order, but if you prefer there is a black box for offerings and donations on the welcome desk. If you are a tax payer please do sign a Gift Aid form to enable the church to recover tax and make the money go further. Once completed these can be put in the black box.

Bank details if you need them are: Colwall Community Church 09-01-54 73133709.

By everything I did, I showed how you should work to help everyone who is weak. Remember that our Lord Jesus said, "More blessings come from giving than from receiving." Acts 20:35

Our mailing address is: office@colwallcommunitychurch.com

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